WELCOME TO...

THE CAMP WENONAH CENTRE
FOR OUTDOOR EDUCATION

The cry of the loon; the silence of the early morning mist; the crackle of the campfire; sensational sunsets; a canoe paddle breaking still water; starry nights. These classic images are created, celebrated and cherished at The Camp Wenonah Centre for Outdoor Education.

For more than 100 years, children have been welcomed to Canadian Summer Camps and Outdoor Education Centres...renowned as many of the finest in the world. At The Camp Wenonah Centre for Outdoor Education, we are proud to have shared in this tradition of excellence for close to 50 years.

Wenonah offers programs that challenge and stimulate participants of every age and experience through a traditional Outdoor Education Centre model. The Wenonah programs all place a value on community, interdependence, personal development and an appreciation and respect for the natural world. Committed and caring leaders take pride in the accomplishments of each participant. Positive, wholesome experiences are at the centre of the Wenonah experience.

Groups attend the Outdoor Education Centre for a wide variety of reasons. Some come to develop an appreciation and respect for the natural world. Some come for the opportunity to develop skills in our many water and land-based program areas. Some choose Wenonah for our unique peer leadership program. Still others attend as a special beginning or end of school year trip that celebrates the contributions of each group member.

Whatever your reason(s) for coming to Wenonah may initially be, we know that your group will leave having experienced much more! With individuals living and working together in a residential setting with a highly skilled staff providing leadership and facilitation, many positive benefits are realized.

Our Outdoor Education Centre operates in May, June, September and October. Wenonah provides a full service/full program approach which includes all programming, leadership, food service and support for each group visiting the Centre.

We look forward to sharing the magic of Wenonah, and to welcoming your group for a visit to The Camp Wenonah Centre for Outdoor Education.

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Camp Wenonah
3584 Commerce Court
Burlington, ON, L7N 3L7

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HISTORY
The Camp Wenonah Centre for Outdoor Education traces its roots back to 1965 when Camp Oak-a-Lea was born. Built and directed by Graydon and Irene Boyes and their family from nearby VanKoughnet, Oak-a-Lea was first a Summer Camp for boys. Building on its history of providing a wholesome and positive values-driven outdoor experience, Oak-a-Lea continues today as Camp Wenonah. Wenonah operates a co-ed Summer residential Camp as well as a Spring and Fall Outdoor Education Centre.

PHILOSOPHY
Camp Wenonah celebrates a traditional camping approach. The Wenonah program places a value on community, interdependence, personal development, and an appreciation and respect for the natural world.

The Wenonah mission statement:

Providing opportunities that develop a healthy respect and appreciation for one's self, for others and for the natural world.

LOCATION
Wenonah is located just east of Bracebridge in Oakley Township in the Muskoka region of Ontario (two hours north of Toronto).

SITE & FACILITIES
Wenonah's main Camp area is comprised of 300 acres of spectacular wilderness in the heart of the rugged Muskoka woods. The area surrounding Wenonah includes two adjacent lakes (Clear Lake and Saw Lake). Beyond the Camp lie thousands of acres of Crown Land which provide tremendous opportunities for hiking, canoe tripping, and exploration of the natural world.

All facilities at Camp Wenonah meet and exceed the highest standards of the local Health and Fire Departments and, the rigorous standards of the Ontario Camps Association.

Facilities include:

- Spacious Main Lodge with Stone Fireplace
- Professional Kitchen
- Outdoor & Indoor Campfire Spaces
- Shallow Sandy Beach in Protected Bay
- Central Washrooms & Private Showers
- Modern Health Centre Facility
- Driftwood Arts & Crafts Centre with Wrap Around Deck and Outdoor Seating
- Screened Indoor Classroom Spaces
- Leadership Centre
- Wireless Internet Access and Cell Phone Reception available to Teachers and Chaperones
- Docks for Swimming, Canoeing, Sailing
- Professionally Designed 18 Hole Mini Golf Course
- Archery Range
- 35 foot Climbing Wall & Vertical Playground
- Wilderness Tree House
- Established Gaga Ball Pit
- Large and Small Playfields
- Access to Maintained Campsites on Saw Lake
- Scenic Group Reflection Spots
- I.T. Centre
- Tennis Courts
- Established Hiking Trails
- 25 foot Voyageur Canoe
- 18 hole Frisbee Golf Course
ACCOMMODATIONS

Group members are accommodated in three-season, electrically equipped cabins furnished with double deck bunks. Mattresses are provided but participants do need to bring their own sleeping bag and pillows.

Separate accommodations are available at Wenonah for teachers/chaperones. We will allocate participant cabins and teacher/chaperone accommodations based on information received on the Group Information Form. Groups are expected to use only those accommodations assigned to them upon their arrival at Wenonah.

STUDENT ACCOMMODATIONS

The Camp Wenonah Center for Outdoor Education is pleased to offer two styles of accommodation for students throughout their stay.

**CABINS**
Located along respective Boys and Girls cabin lines, our traditional Camp cabins house up to twelve students at a time and feature double deck bunk beds. (Larger cabins are available and bunk up to 16 students)

**TABINS**
Located in our private Leadership Village, students may also have the unique experience of staying in one of our Tabins, a raised platform canvas cabin which features double deck bunk beds and unforgettable views of the beautiful Saw Lake. (Accommodates up to 8 students)

All accommodations are a short walk away from either a central Boys or Girls Washroom and Shower House. These facilities feature private flush toilets, private showers with hot water, and multiple sinks. Accommodations will be designated by Camp Wenonah staff prior to your visit.

TEACHER ACCOMMODATIONS

Teachers and adult chaperones are typically housed in the Health Centre, which is conveniently located at the centre of Camp and is close to both cabin lines. Recently renovated and expanded, the Health Centre offers several bedrooms (with 2 or 3 beds in each), washrooms, and common spaces. A medical dispensary and first aid centre is also housed at the Health Centre.

When multiple groups are on site, bedrooms and common spaces may be assigned based on the specific needs of each group. We also use other satellite accommodations for teachers and chaperones if larger or multiple groups are visiting Wenonah.

ACCOMODATION ASSIGNMENTS

Using the Group Information Form, teachers are asked to assign students to cabins prior to their arrival at Camp, and to fill each cabin to capacity (twelve students). Depending on the space available in Camp during your stay at Wenonah, smaller cabin groups can be arranged for. Please confirm these plans with us before filling out the Group Information Form. Specific cabins (by name) are designated to you upon arrival. We may need to be flexible to accommodate last minute changes in both group numbers and the male/female split within each group.
WENONAH MANAGEMENT TEAM

The Wenonah Management Team provides year-round, full-time direction to all aspects of the Wenonah experience.

JEFF BRADSHAW (Owner / Senior Director)

A veteran camping professional, Jeff’s career in camping began in 1978 and includes 30 years as a Camp Director. He is a two term Past President of the Canadian Camping Association and currently serves the global camping movement as Ambassador Chair on the Board of Directors of the International Camping Fellowship. Jeff has received the highest honour in Canadian camping, the Ron Johnstone Lifetime Achievement Award, as well as the most prestigious award from the Ontario Camps Association, the Dorothy Walter Award of Excellence. Jeff has led and facilitated training and professional development in Australia, Japan, Ecuador, Hong Kong, Russia, Venezuela, Cyprus, Mexico, Colombia, Taiwan, across the United States and in nine Canadian provinces. Jeff is an active leader within the Ontario Camps Association (OCA). He has served on the OCA Board of Directors; coordinated the annual OCA Skills Weekend; served on many OCA Committees and Task Forces; led workshops and seminars, and is a member of the Society of Camp Directors. Jeff’s extensive camping background also includes many years (dating back to 1968) as a camper, counsellor in training, junior counsellor, counsellor, section director, leadership director, program specialist, area head and Outdoor Centre Program Coordinator. Prior to becoming the Owner/Director of Camp Wenonah, Jeff held several full-time, year round positions including Director of Camping for the YMCA; the Director of Camp Couchiching (including the Ontario Cystic Fibrosis Camp) and the founding Director of the Couchiching Outdoor Centre.

RENATA BRADSHAW (Co-Director)

Renata brings over 30 years’ experience to her role at Wenonah. She is a former teacher and member of a Board-wide curriculum writing team with the Halton District School Board. She is also a former Instructor of Outdoor Recreation at Mohawk College. Renata served as an Adjunct Professor with the Faculty of Education at York University. A graduate of Queen’s University, where she earned her Bachelor of Arts (Honours) and Bachelor of Education concurrently, Renata has offered leadership as a workshop and program facilitator for the Ontario Camps Association, Ontario Day Camp Summit, and International Camping Congress. Renata began her professional camp career at YMCA Camp Wanakita (Haliburton, ON). There she held numerous positions including Counsellor, Arts & Crafts Director, and Day Camp Director. She was also a Program Specialist and Program Coordinator with the Wanakita Outdoor Centre. At Camp Couchiching (Orillia, ON), Renata took on leadership responsibilities as the Director of the CIT (Counsellor in Training) program. At Wenonah, Renata oversees the delivery of all instructional programs during Summer Camp and The Camp Wenonah Centre for Outdoor Education, and she coordinates our popular Women’s Weekend programs.

CARON BRICK (Associate Director - Administration)

Caron coordinates all the activity at our Main Office in Burlington, Ontario including overseeing all the administration for Camp Wenonah, The Camp Wenonah Centre for Outdoor Education, and Women’s Weekend programs. She also coordinates the annual Wenonah Foundation Golf Classic, which raises funds to help send children in need to Camp. Caron previously worked with CUMIS Insurance, and then assumed her most demanding role yet – mother of three children! Caron also worked in the Registrar’s Office at Sheridan College. Caron began with Wenonah in 2000 as the Manager of the Camping and Outdoor Bookstore. From there, she assumed the role of Director of Administration for Wenonah Day Camp. Caron is a familiar voice to those who call Wenonah’s Burlington office during the year. Caron and her husband Mike live in Burlington. They are the proud grandparents of three granddaughters and three grandsons.
WENONAH STAFF

The Camp Wenonah Centre for Outdoor Education staff is comprised of teachers, outdoor educators, university and college graduates and students. Wenonah staff are hired for their ability to provide strong leadership and to be positive role models for the students in their care.

All staff attend a one week training program at the start of the Outdoor Education Centre season, and also attend specific skill training events on a yearly basis. As well, all staff have current related qualifications in first aid, CPR and swimming standards. Finally, all Outdoor Education Centre staff assume Senior roles during the Summer Camp season which ensures a deep commitment to the Wenonah experience.

Wenonah staff are responsible for all aspects of the program from sunrise until sundown. This includes leadership, instruction, and general supervision. The normal ratio of Outdoor Education Centre staff to group participants is 1:15. Smaller ratios exist on canoe trips and off Camp activities.

There is a Wenonah Outdoor Education Centre Group Coordinator assigned to every group. This person is the key upfront staff person as well as the liaison with the leader of the visiting group. Wenonah Program Specialists will also affiliate themselves with the group, and lead all facets of the program experience during their visit.

The Camp Wenonah Centre for Outdoor Education has high expectations of every staff member, and those are reflected in our hiring policies. Potential staff members, including those previously employed at Wenonah, submit an application each year to join the staff team. Each person has an interview and must successfully complete a police check. In addition to maintaining current lifeguarding and first aid qualifications, staff are expected to have qualifications in a variety of program areas. This allows Wenonah to ensure that staff will provide a diverse outdoor education experience for each student.
The Camp Wenonah Centre for Outdoor Education provides the distinctive opportunity for each group to tailor their visit specifically to meet the needs of their group members.

TYPICAL DAY AT WENONAH

The program offered at Wenonah encourages group members to enhance cooperative group living skills, foster a sense of independence, develop leadership skills, acquire compromise and decision making abilities, and realize personal goals. The result of a visit to Wenonah is both a memorable and a lasting experience for the individual and the group.

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<tr>
<th>SPRING SCHEDULE</th>
<th>FALL SCHEDULE</th>
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<tbody>
<tr>
<td>7:30 am – Wake Up</td>
<td>7:00 am – Wake Up</td>
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<tr>
<td>7:45 am – Morning Activities</td>
<td>7:15 am – Morning Activities</td>
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<tr>
<td>8:30 am – BREAKFAST</td>
<td>8:00 am – BREAKFAST</td>
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<tr>
<td>9:15 am – Morning Watch</td>
<td>8:45 am – Morning Watch</td>
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<tr>
<td>10:00 am – Core Program #1</td>
<td>9:30 am – Core Program #1</td>
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<td>11:15 am – Core Program #2</td>
<td>10:45 am – Core Program #2</td>
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<td>12:30 pm – LUNCH</td>
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<td>2:00 pm – Core Program #3</td>
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<td>3:15 pm – Core Program #4</td>
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<td>4:30 pm – Daily Options</td>
<td>4:00 pm – Daily Options</td>
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<td>6:00 pm – DINNER</td>
<td>5:00 pm – DINNER</td>
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<td>7:15 pm – Evening Program</td>
<td>6:15 pm – Evening Program</td>
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<td>8:45 pm – SNACK</td>
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<td>9:00 pm – Late Evening Program</td>
<td>9:00 pm – Late Evening Program</td>
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<td>10:00 – 10:30 pm – Lights Out!</td>
<td>10:00 – 10:30 pm – Lights Out!</td>
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CORE PROGRAMS

The individual program elements (Core Programs) that a group chooses are designed to enhance group cooperation and self-esteem. The Wenonah Challenge by Choice philosophy and specially trained program facilitators lead students in activities that serve as stepping stones to improving communication, problem solving skills, community development and trust.

The Wenonah experience is tailored to fit the needs and expectations of groups and group members. Core Programs are offered during mornings and afternoons in 1-2 hour blocks. Core Programs are divided between four distinct categories (Camp Classics, Group Challenges, Outdoor Pursuits, and Active Recreation) to ensure a diversity of programs throughout the group’s stay. Most groups will select six Core Programs (for 3-day and weekend visits) or eight Core Programs (for 4 or 5-day visits). Groups will indicate their programs of choice on their Group Information Form prior to their visit.
Take part in some of our classic programs that have defined the Canadian camping experience. Whether you are on the water or land, our Camp Classics are sure to provide unique skill building, and lasting memories.

FLATWATER KAYAKING

Wenonah is pleased to offer a flatwater kayaking program that stresses individual skill development in a fun and safe environment. Participants will take part in both land and water based practical instruction on a shallow and protected section of Clear Lake. Participants are also invited to enjoy a series of popular kayak games and challenges to progress their skills. Wenonah subscribes to the principles of the provincially and nationally recognized Ontario Recreational Canoeing and Kayaking Association (ORCKA).

ARCHERY

Located in a protected woodland setting, Participants take part in an instructional based program on Wenonah’s archery range. Participants have the opportunity to develop hand / eye coordination and basic bow and arrows skills in a fun and safe environment. The Wenonah program follows the levels and standards of the Ontario Archery Association.

CANOEING – TANDEM INSTRUCTION

Wenonah is pleased to provide instructional tandem canoe program that subscribes to the principles of the provincially and nationally recognized Ontario Recreational Canoeing and Kayaking Association (ORCKA). Participants will take part in both land and water based practical instruction on protected sections of Clear or Saw Lake. Opportunities for advanced instruction are available upon request.

ARTS & CRAFTS – TIE DYE

A favourite amongst the Outdoor Centre participants! Learn the basics of tie dye techniques and the skills to make your own vibrant and colourful keepsake of your trip. Bring your own t-shirt with you or purchase one from our General Store.

ARTS & CRAFTS – DREAMCATCHERS

Gather materials from our natural world to make your own dream catcher! Participants will learn the historical background and story of dream catchers and will be guided through the creation of their own personalized dream catcher. A wonderful take away from your trip to Camp!
GROUP CHALLENGES

The following programs emphasize both individual and group engagement through a variety of challenges and activities. All programs will be overseen with proper safety and group building instruction and will conclude with a group debrief of the activity.

LOW ROPEs

A low level series of challenge elements make up the Low Ropes initiatives program at Wenonah. Participants are encouraged to work together towards the completion of each challenge as a group. A thorough debrief of each element completes the program. This is a very popular choice for those wishing to emphasize problem solving and co-operative group skills.

CLIMBING

A 35-foot high climbing wall is at the centre of the Wenonah climbing program. Participants first learn about the safe use of the equipment and how to properly belay. Once the essentials are thoroughly covered, each participant is then encouraged to work towards their own goals on the wall with the encouragement and support of the group. All equipment and climbing wall/apparatus are routinely supervised and approved by Challenges Unlimited Inc.

VERTICAL PLAYGROUND

Participants work together as they ascend a maze of ropes, tires and ladders...30 feet above the ground! A full review of safety and support principles begins each period. Participants also learn about equipment (harness) and how to belay. All equipment and Vertical Playground apparatus are routinely supervised and approved by Challenges Unlimited Inc. (CUI)

COOPERATIVE GAMES

Working through a series of active and engaging activities on the go, participants will work in partners, small teams, and large groups to foster collective communication and cooperation.

GROUP DEVELOPMENT

Participants must work as a team to accomplish prop based tasks as they progress through moderate to difficult challenges. With a strong emphasis on group debrief, this program will seek to develop group trust and communication to effectively and successfully complete challenges.

VOYAGEUR CANOE

Build co-operative groups skills by paddling our 25-foot voyageur canoe along the shores of Clear Lake and learn about Canada’s own voyageur history and experience.
OUTDOOR PURSUITS

Participants have the opportunity to build traditional camp craft skills or utilize modern technology to engage with the beautiful environment of Muskoka. A once in a lifetime opportunity outside of the city!

SHELTER BUILDING
Participants learn the essentials of establishing a wilderness campsite amidst the rocky and forested terrain of the Canadian Shield. Then working in teams, participants must utilize natural materials to build their own safe and effective shelters that protect against the elements of the outdoors.

DIGITAL PHOTOGRAPHY
Wenonah has recently partnered with The Roberta Bondar Foundation and is pleased to offer a digital photography program focused on a greater appreciation of the natural world around us. Cameras are supplied for this program.

ENVIRONMENTAL ENGAGEMENT
Through encouraging sensory awareness, this interactive hike through the Wenonah woodlands allows participants to interact with their natural environment. Participants are encouraged to develop an appreciation for the natural wonders around them as they participate in a variety of games and activities while travelling along a forest trail.

FIRE MAKING
Fostering a healthy respect for the wilderness and developing outdoor survival skills, participants will utilize traditional flint and steel kits, to learn how to safely build, light and maintain a fire in the outdoors.

GEOCACHING
Work in small teams to explore the Camp Wenonah site and natural environment by using one of our personal GPS devices. Participants take part in an instructional overview detailing satellite triangulation and the proper use of GPS devices before setting out on “Amazing Race” style challenge to discover geocaches and clues that are hidden around Camp.
In compliance with current curriculum elements, Students can take part in a variety of activities that emphasize active participation with fun and exciting Camp activities.

**GAGA BALL**
Participants dodge, run, and jump as part of this high energy, recreationally based program at our established Gaga Ball pit located in a beautiful portion of the Wenonah forest. Participants will take part in proper stretching technique and skills training prior to their participation in organized tournaments and group games.

**MINI GOLF**
Located along a beautiful section of the Canadian Shield, enjoy 18 holes of mini golf on our professionally designed and built course. After basic putting technique instruction, enjoy a recreational round OR take part in a challenge match including team scores, alternate shot, match play and our Wenonah Ryder Cup program.

**TENNIS**
Wenonah’s state of the art tennis courts provide the opportunity for participants to develop basic skills and techniques while participating in group games and matches facilitated by Wenonah staff.

**FRISBEE GOLF**
Adapted from traditional mini golf goals and structure, improve your hand/eye coordination skills as you travel around the beautiful Wenonah site working to score on our 18 hole Frisbee Golf course. Participants will take part in basic Frisbee skills before they set out in teams to accomplish their goals.

**FISHING**
Located off our beautiful Main Dock, Participants are invited to take part in an essential Muskoka tradition. With all equipment provided, participants will learn how to properly use and cast a fishing rod off a portion of our dock known for its high frequency of catches!
**DAILY OPTIONS**

Posted daily in our main lodge, Students will be able to select from a variety of Camp activities that are organized and led by Wenonah staff. With a focus on personal choice and interest, students can build skills through new activities or re-visit core program areas. Daily Options may include:

- General Swim (Beach)
- Nature Sketching
- Campfire Cooking
- Gaga Ball Tournament
- World Cup Soccer
- Arts & Crafts
- Pottery Making
- Fishing
- Sawmill Run
- Stones
- Wenonah Stock Exchange
- Ultimate Frisbee
- Ping Pong Tournament
- Yoga
- Bocce Ball
- Solo Paddling

Daily Options will be organized by the Wenonah Staff. If there is a program you wish to include during Daily Options please speak with your Group Coordinator directly or contact the Burlington Office in advance of your trip.

**EVENING PROGRAMS**

Groups are invited to select two Evening Programs for each night they are spending at Camp if there are specific activities they wish to include in their schedule. The Camp Wenonah Centre for Outdoor Education will select Evening Programs if a group does not have any program preferences.

**CAMPFIRES**

A traditional campfire program led and hosted by Wenonah staff. A mix of interactive songs, stories, skits and surprises! Contributions from students, teachers and chaperones are encouraged and welcomed!

**CAPTURE THE FLAG**

A Camp classic! This large group game sees students divided into two groups, where they are challenged to find the “flag” hidden by the opposing team.

**CARDIO PICTIONARY**

A fun and active team-based game, featuring a twist on a childhood favourite!

**SURVIVAL GAME**

A large group game where participants take on roles simulating the challenges faced by herbivores, omnivores, and carnivores as they strive to survive in nature.
STONES
Perfect for large groups, this active outdoor game is guaranteed to energize all students through teamwork and cooperation. Students will be broken into two teams as they attempt to collect all of the “stones” from the opposing team’s side.

NATURE HIKES
Explore the natural environment under the night sky while participating in a variety of sensory activities designed to foster an appreciation for the sights and sounds of the outdoors at night.

PIONEER CRAFT POTPOURRI
This program presents a unique opportunity for students to participate in a variety of traditional games and crafts that children enjoyed over 100 years ago. Includes candle making, apple chomp, stick games, and more!

VARIETY / TALENT NIGHT
Offering a great opportunity for students to let their creative juices flow! Features group skits, songs, stories, and stunts.

WENONAH STOCK EXCHANGE
This program offers a fun twist on the stock market. Working in teams, students try their luck buying and selling Wenonah stocks. Students learn the keys to “buying low and selling high.”

SPECIALTY PROGRAMS
The Camp Wenonah Centre for Outdoor Education is pleased to offer the following specialty programs for groups at the discretion of our Management Team. With an emphasis on focused skills enhancement and experience, the following programs may be offered by request to groups based on size, duration of stay and ideal weather conditions. If you have an interest in one of our specialty programs please contact the Burlington Office directly.

CANOE TRIP - OVERNIGHT
Many groups take advantage of providing participants with the opportunity to enjoy a tent camping experience. Participants will spend part of a day involved in “trip preparation” and then either hike or paddle out for a tent-based overnight at an established campsite on Saw Lake.

CANOE TRIP – OUT DAY
Paddle or hike to an established campsite on Saw Lake, enjoy lunch cooked over a fire, and learn the basic skills of outdoor camping. (A condensed 6-hour version of the overnight program)
SAILING
Glide across our lake in one of our instructional Pico sail boats as you learn the basics of lake based sailing. Wenonah is pleased to offer our sailing program to groups coming in late Spring and early Fall seasons.

THEMED TEAM BUILDING ACTIVITY
Aboard our Tom Sawyer Raft, students will take part in a scenario based activity that emphasizes group cooperation and communication as participants work together to overcome unique and exciting challenges as they arise.

SUNRISE CANOE PADDLE
As an early morning reflective activity, start your day as your paddle breaks the calm of Clear Lake.

NATURE SKETCHING / PAINTING
Learn the basic techniques of watercolour painting and charcoal sketching as you capture the essence of Muskoka’s unique and natural beauty. Taught by highly skilled and trained Wenonah staff.

MONSTER RELAY
A large relay-style event incorporating most activities that the participants enjoyed during their visit. A great final activity. Emphasis is placed on group participation.

WENONAH GAMES
An Olympic-style full group challenge, Wenonah Games sees all participants placed on one of three teams (Aki, Dawaa or Zibbins). Team members participate in a wide range of events based on skills learned during the group’s visit. Teamwork, cooperation, and sportsmanship are valued components of the Wenonah Games program. Wenonah Games events may include:

- Cardio Pictionary
- Kayak Relays
- Survivor: Fort Building
- Canoe Relays
- 3 Way Capture the Flag
- Driftwood Sprints
- Ultimate Frisbee
- Eco Challenge
- Robin Hood Archery Challenge
- The Perfect S’more
- Trivial Pursuit
- Double Tennis Tournament
MEALS AT WENONAH

At Wenonah, healthy appetites are of great importance. Under the direction of award-winning Executive Chef Brad Laidlaw, our professional food service team supplies Wenonah with hearty and nutritional meals each day that are served “family style” in our Main Lodge. Each meal is made onsite with the freshest of ingredients.

BRAD LAIDLAW (Executive Chef)

Brad boasts a remarkable resume, and we are proud that he serves us great meals throughout the season at Camp. Brad has an extensive background in fine dining, and brings over 15 years of experience in the food service industry to Wenonah.

Brad began his career as an apprentice at prestigious Glen Abbey Golf Club (Oakville, ON). At Glen Abbey, he rose to the position of Sous Chef. From there, Brad worked in the kitchen at Chateau Lake Louise (Alberta), Windermere House (Muskoka, ON), and Blue Mountain Ski Club (Collingwood, ON). In 2000, Brad was awarded Ski Canada's award for the country's best fine dining. Brad first worked at Camp Wenonah during the 2006 Summer Camp season. During the winter, Brad is the Executive Chef at Georgian Peaks Ski Club (Thornbury, ON).

NUT POLICY

The Camp Wenonah Centre for Outdoor Education is a "nut sensitive" zone. Each year we welcome many students, summer campers, and staff members with life-threatening nut allergies. In no way do we compromise their personal safety during their stay at Camp. Our menus are created with this in mind. No nut, or nut products are served at Camp at any time.

Nuts, nut products, or any products that may contain nuts, are NOT permitted at Wenonah. This includes any item from bulk food that does not come pre-sealed and clearly labeled with ingredients. It is important to encourage students and families to read labels carefully for ingredients. We ask for your cooperation with our policy by not bringing any nuts or any products containing nuts with you to Wenonah.

Products that contain nuts or cannot be verified to be “nut safe” will be disposed of immediately by a Wenonah staff member. Due to the number of people visiting our site each year, this is the safest way to ensure the safety of all of our visitors.

BAG LUNCH

Students and teachers are asked to bring a pre-packed bag lunch with them to enjoy upon arrival at Camp on their first day. As it is difficult to estimate a group’s exact arrival time at Camp, lunch is not provided on the first day of a group’s visit. Please remind students about our NUT POLICY when they bring their bag lunches to Camp.
BIRTHDAYS
We are happy to provide a cake if a student is celebrating a birthday while at Camp. Please make a note of this on the Group Information Form so that our Executive Chef has plenty of time to prepare this special treat.

MEAL TIMES AT WENONAH

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<th>SPRING</th>
<th>FALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>BREAKFAST – 8:30 am</td>
<td>BREAKFAST – 8:00 am</td>
</tr>
<tr>
<td>LUNCH – 12:30 pm</td>
<td>LUNCH – 12:00 pm</td>
</tr>
<tr>
<td>DINNER – 5:30 pm</td>
<td>DINNER – 5:00 pm</td>
</tr>
<tr>
<td>SNACK – 8:45pm</td>
<td>SNACK – 8:00pm</td>
</tr>
</tbody>
</table>

SAMPLE MENU ITEMS
Menus are set on a one-week rotational basis during the Outdoor Education Centre season. Some typical meals at Wenonah include the following:

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot or Cold Cereal</td>
<td>Chicken Caesar Wraps</td>
<td>Roasted Chicken</td>
</tr>
<tr>
<td>Assorted Fresh Fruit</td>
<td>Hamburgers</td>
<td>Fish &amp; Chips</td>
</tr>
<tr>
<td>Bacon / Sausages</td>
<td>Pulled Pork</td>
<td>Fajitas</td>
</tr>
<tr>
<td>Scrambled Eggs</td>
<td>Chicken Fingers</td>
<td>Sweet and Sour Pork Stir Fry</td>
</tr>
<tr>
<td>Waffles</td>
<td>Macaroni &amp; Cheese</td>
<td>Chicken Schnitzel</td>
</tr>
<tr>
<td>Egg McMuffins</td>
<td>Seasonal Soups</td>
<td>Penne Pasta &amp; Garlic Bread</td>
</tr>
<tr>
<td>BLT’s</td>
<td>Perogies</td>
<td>Cheese Tortellini</td>
</tr>
<tr>
<td>Bagels</td>
<td>Chicken Burgers</td>
<td>Multi Grain Tilapia</td>
</tr>
<tr>
<td>Breakfast Burritos</td>
<td>Submarine Sandwiches</td>
<td>Greek Style Kabobs</td>
</tr>
<tr>
<td>Croissants</td>
<td>Assorted Salads</td>
<td>Homemade Lasagna</td>
</tr>
<tr>
<td>Yogurt</td>
<td>Pizza</td>
<td>Honey Roasted Pork Loin</td>
</tr>
</tbody>
</table>

DIETARY ALTERNATIVES
Our Executive Chef and his staff are pleased to provide alternative menus for those that require special diets or have food allergies. With established gluten free, vegetarian, egg free, dairy free and vegan menus, our staff have extensive experience adapting our meals to fit the needs of any dietary restriction or sensitivity.

Please be sure to properly indicate dietary restrictions and allergies that require an alternative menu on your Group Information Form. If any food allergies are life-threatening and may require extensive modifications, please notify our Burlington Office to make arrangements. We do allow for food to be sent with participants for any dietary restrictions that may require supplementary options to be prepared by our Chef. Please contact us to make such arrangements and ensure any additional food items comply with our Nut Policy.
HEALTH CENTRE

Located in the centre of Camp, Our fully equipped Health Centre is available for all basic first aid needs. A local doctor and the South Muskoka Memorial Hospital (a 20 minute drive from Camp) are on 24 hour notice in the event of injury of a more serious nature. For those groups that may wish to alert the Hospital about any participant(s) with particular medical needs, please do so by contacting the Hospital directly:

South Muskoka Memorial Hospital
75 Ann Street
Bracebridge P1L 2E4
(705) 645-4404

We do expect each group visiting Wenonah to have one vehicle on site at their disposal in the event of a trip to the Hospital, unless previous arrangements have been made with the Burlington Office. Maps and directions to South Muskoka Memorial Hospital are provided to each group upon arrival. While Wenonah staff are fully trained in first aid procedures, it is recommended that any suspect injuries be examined by the local emergency department or walk-in clinic.

For those individuals who require medication, it may be brought to Wenonah and stored safely at the Health Centre. Please note that it is not the responsibility of the Wenonah staff to dispense medication.

ACCREDITATION

In addition to being an accredited member of the Ontario Camps Association, Wenonah is an active member of and adheres to the safety regulations of a number of other organizations including:

Canadian Camping Association
International Camping Fellowship
Association of Independent Camps
Red Cross (Swim)
Lifesaving Society of Canada

Ontario Recreational Canoeing and Kayaking Association
Challenges Unlimited (CUI)
Ontario Sailing Association
Canadian Yachting Association
Ontario Archery Association

INSECTS

As Wenonah is located in a natural setting, it is common for insects to come out during the Spring and Fall seasons. As such, please help be aware of blackfly and mosquitoes seasons and prepare accordingly by encouraging members to wear light coloured clothing, and refrain from using perfume or scented products. All participants are expected to pack insect repellant with them and to use it on a regular basis. Camp Wenonah is also pleased to supply bug jackets and hats for all participants for their duration of stay at Camp as needed.

SUN SAFETY

We are aware of the dangers of over-exposure to the sun and strive to take reasonable precautions to prevent adverse effects of the sun and UV rays. Help us in this endeavour by encouraging students to pack a hat with a brim, sunglasses, and sunscreen (minimum SPF 15, but SPF 30 or higher is preferable). It is also a good idea for students to bring a water bottle with their name on it. Water taps with safe drinking water can be found around Camp, and in the Lodge. Students should also be encouraged to wear light clothing that covers shoulders and arms when not participating in water activities.
ROLE OF TEACHERS

All groups have their activities organized and facilitated by our fully qualified and specially trained Outdoor Education Centre staff. This allows teachers and chaperones to enjoy the Outdoor Centre experience along with their students.

We encourage the participation of teachers as additional staff in the program areas, both as an extra set of eyes and to deal with any behavioural issues that may occur during a Core Program. We ask that teachers stay with one specific group during the visit or specialize as assistants in individual program areas. We do request that one adult supervisor assist with each Core Program Group participating in all activities around Camp.

While the days at Camp are quite full, there are some times that the students are not under our direct supervision. Teachers are directly responsible for students at all times. This includes, but is not limited to, activity time, between programs (rotation time), during any other free time through the day (prior to and after meals), and after evening program ends.

Please also note that night time supervision (from the end of program to morning wake-up) is the sole responsibility of the teachers from that particular group. Most groups choose to assign teachers to rotational supervision duties at night until students are quiet in their cabins.

The Camp Wenonah Centre for Outdoor Education staff do reside on site and in central locations around Camp. Teachers will be provided with the phone number of the on-call Outdoor Centre Coordinator in the event of a nighttime emergency.

ARRIVALS

Groups are asked to schedule their weekday arrival time at Wenonah between 11:00 am and 12:00 pm. Please confirm your exact arrival times with us on your Group Information Form (sent two months in advance of each season).

Following an introduction to the Wenonah staff, participants are moved into their cabins and are given a complete tour of the site and facilities. Following the tour, we conduct a “Community Meeting” with the full group. This is an opportunity to communicate daily procedures and to give an overview of the visit. Note that on arrival day group members are asked to bring nut-free bag lunches and the first meal served at Wenonah will be dinner.

Groups coming to Wenonah for a weekend are asked to arrive at Camp after 6:00 pm on Friday night. The evening arrival schedule will be determined on a group-by-group basis.

DEPARTURES

Following cabin clean-up and a 12:30 pm lunch, groups will normally leave by 1:30 pm. Please confirm your expected departure time in advance of your stay on the Group Information Form (sent two months in advance of each season).

On your final day at Wenonah, please arrange to have the bus arrive at least 45 minutes in advance of your scheduled departure time. If you are leaving by car, please have cars packed and ready to go in advance of the departure time.

PLEASE NOTE

If your group plans on arriving earlier or departing later than the times listed above, please confirm arrangements with our Burlington Office prior to your visit. Earlier arrivals and later departures that are not communicated in advance of your stay may be subject to an additional charge.
**STUDENT CODE OF CONDUCT**

In response to feedback from both teachers and students, we developed a Student Code of Conduct outlining our expectations for student behaviour while at The Camp Wenonah Centre For Outdoor Education.

Discipline is typically left to the discretion of teachers and/or chaperones. However, we ask that you review this policy independently, and share the expectations with your students and their families. Please also assist us by enforcing these expectations while at Wenonah. In extreme cases, the Wenonah Administration reserves the right to enforce specific consequences, and to request that a student be removed from the site. Any violation of the laws of the Province of Ontario results in automatic dismissal for the student from The Camp Wenonah Centre For Outdoor Education.

The Wenonah Administration reserves the right to withdraw any student without warning who, in their opinion, compromises the physical or emotional safety of any person at Camp, or who is an immediate hazard to the safety of themselves or others.

### STUDENT CODE OF CONDUCT

<table>
<thead>
<tr>
<th>Problem Area</th>
<th>Description</th>
<th>Potential Consequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>Consumption or possession of alcohol on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Bullying</td>
<td>Physical assault or aggression, threat of physical aggression, ongoing and deliberate exclusion, emotional abuse and/or harassment</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Defiance</td>
<td>Refusal to comply with persons in authority</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Disorderly Conduct</td>
<td>Persistent opposition to authority, behaviour contrary to the positive moral tone and stance of the Camp</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Drugs - legal</td>
<td>Use of non-prescription or prescription drugs not administered or approved by a person in authority (Teacher, Chaperone, Camp Staff Member)</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Drugs - illegal</td>
<td>Use or possession of illegal drugs on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Harassment</td>
<td>Repeated comments or conduct that is known or ought to be known as unwelcome (including racial discrimination and slurs)</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Marijuana</td>
<td>Use or possession of marijuana on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Profanity</td>
<td>Swearing, or the use of obscene or foul language</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Sexual Activity</td>
<td>Engaging in sexual activity which compromises the physical or emotional safety of the self or others</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Smoking</td>
<td>Use of any tobacco products (not limited to cigarettes) on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Theft</td>
<td>Taking or possessing property without the permission of the owner</td>
<td>X X X</td>
</tr>
<tr>
<td>Vandalism</td>
<td>Acts of vandalism include graffiti and the willful destruction of property</td>
<td>X X X X X X</td>
</tr>
<tr>
<td>Weapons</td>
<td>Possession, use of, or threat of use of a weapon (including but not limited to a firearm or knife)</td>
<td>X X</td>
</tr>
</tbody>
</table>
TEACHER TRANSPORTATION

We do expect each group visiting Wenonah to have one vehicle on site at their disposal in the event of a trip to the Hospital, unless previous arrangement have been made with the Burlington Office. Maps and directions to South Muskoka Memorial Hospital are provided to each group upon arrival. While Wenonah staff are fully trained in first aid procedures, it is recommended that any suspect injuries be examined by the local emergency department or walk-in clinic.

ACCOMODATION CLEAN UP

On each group’s final morning at Camp, time is set aside to pack and clean individual accommodations. We ask that teachers supervise their students during this time and ensure that each cabin is cleaned appropriately. To allow us to prepare for incoming groups, we ask that both students and teachers move out and clean their accommodations prior to the start of the final morning activity.

The Camp Wenonah Centre For Outdoor Education reserves the right to charge groups an “additional maintenance charge” of $50.00 per building (including cabins and washrooms) for any unnecessary clean up or repairs that are required following the group’s departure from Camp. Reasons for this charge include, but are not necessarily limited to graffiti in cabins, discharged fire extinguishers, damages, or excessive mess.

COMMUNICATION TO AND FROM CAMP

There are phone lines available for teacher use in the Health Centre and Main Office. We ask that outgoing phone calls be restricted to business or emergency purposes. In the case where teachers or chaperones wish to make personal phone calls on the Camp phone lines, we respectfully ask that a phone card be used for this purpose. Any charges from personal calls will be passed on to the group.

Cell phone reception is also available around Camp. Teachers and chaperones may wish to bring their own cell phones. While we do not encourage cell phone use by students, so that their focus remains on the Outdoor Centre experience, students are expected to follow the guidelines about cell phone use set out by their teachers.

STUDENT PHONE ACCESS

Please note that students should NOT expect to be able to make phone calls home while at Wenonah. As there are a limited number of phone lines available at Camp (some of which must be left open in case of emergency), we cannot allow students to make phone calls home. Office phones are regularly checked by Administrative Staff who will pass along messages as necessary.
PARTICIPANT FEES

Fees are based on a 24 hour period. The fee is all-inclusive and includes 3 meals plus evening snack; full leadership in all programs; all equipment and accommodation.

1 Night/2 Days -- $75.00 plus HST  
2 Nights/3 Days -- $145.00 plus HST  
3 Nights/4 Days -- $210.00 plus HST  
4 Nights/5 Days -- $275.00 plus HST

Note that teachers and chaperones (to a maximum of 1:10 supervisor to student ratio) are complimentary.

Please call our Burlington Office for fees / information regarding weekend bookings.

BOOKING & BILLING POLICY

All group visits are booked through the year round Wenonah office in Burlington (905 631-2849).

Groups that have attended Wenonah the previous year are offered PRIORITY CHOICE of preferred dates for the next season. All initial offers of dates are made through email. A contract is then sent from the Wenonah office to the main contact for the group.

Group visits are confirmed ONLY after the signed contract and a deposit (10% of the expected final total fee) are returned to our Burlington Office. Deposits are non-refundable. Payment for the remaining balance of fees is due at the Burlington Office no later than 30 days in advance of your visit to Wenonah.

1. A signed copy of the contract, and deposit of 10% of your group’s expected fees, must be received at the Burlington Office to secure your booking.

2. The number of students (as indicated in the Group Attendance and Payment Summary sections on the Booking Contract) represents the “guaranteed number” of students you expect will attend your trip to Wenonah. A drop of 10% from this number is permitted without penalty. If numbers drop within 10% of this number, or increase by any number where space permits, we will adjust your invoice accordingly. Any drop in numbers over 10% will be billed at a charge of 100% per person over the 10% “guaranteed number” threshold.

3. The balance of your fees is due at the Burlington Office no later than 30 days in advance of your visit to Wenonah.

4. After the balance of payment is received, you may adjust your “guaranteed number” by no more than 10% up to 48 hours in advance of your arrival at Wenonah and receive a refund (payable to the group). Any adjustments to the “guaranteed number” of up to 10% made less than 48 hours prior to the group’s arrival will be credited to the group for a future trip to Wenonah. Any drop in numbers over 10% of the guaranteed number will not receive a refund or credit, and will be billed to the group at a charge of 100% per person over the 10% “guaranteed number” threshold.

5. Where additional participants are added to the “guaranteed number” after the balance of payment is received, payment for those participants is expected at the Burlington Office as soon as possible.

6. The group will receive a Statement of Account following their visit reflecting all payments received, and any additional charges. A late fee of 10% of the unpaid balance will be applied if payment is not received within 30 days of the last day at Camp. An additional fee of 2% will be applied for each subsequent 30 day period.
**STUDENT COUNSELLORS**
Groups that wish to bring Student Counsellors to supervise participants or provide program leadership may do so after consultation with the Senior Director. Fees will be set for Student Counsellors by The Camp Wenonah Centre for Outdoor Education on a group-by-group basis depending on the involvement of the Student Counsellors in the program.

**ADDITIONAL CHAPERONES**
Complimentary space for teachers and chaperones is offered by Wenonah at a ratio of one teacher/chaperone for every 10 participants attending. Additional teachers or chaperones may attend as space permits, and the group will be billed $25.00 plus tax per person per night for each additional teacher or chaperone beyond the 1:10 ratio.

**CANCELLATION POLICY**

1. The 10% deposit sent to The Camp Wenonah Centre for Outdoor Education is non-refundable.

2. If a group cancels within 90 days of the first day of their visit, they will be billed at 25% of the cost as determined by the number of students listed in the Payment Summary. Within 60 days, the group will be billed at 50% of the cost. Cancellations made within 30 days will be billed at 100% of the cost.

**GROUP USE OF THE WENONAH SITE**
The Camp Wenonah Centre for Outdoor Education often welcomes more than one group at a time to its site. Exclusive use of the site is only guaranteed for groups exceeding 175 paid participants.

In cases where there is more than one group on site, each individual group will participate in a unique program designed in consultation with the group leaders. Therefore, unless requested, various groups will not participate in instructional programming together. We may however, offer the same recreational Pre-Breakfast Activities or Daily Options Activities (typically before dinner) to all groups together, so that participants can choose from the widest selection of activities possible. Groups have access to designated Wenonah activity areas and other facilities depending on participant ability, weather, or other groups sharing the site.

Our goal is to provide all groups with a well-maintained, well-kept, and clean facility. While the Wenonah staff complete regular, daily cleaning of the dining hall and washrooms, we ask that group leaders remind their participants that they share the responsibility for the cleanliness of our facility. We do appreciate when groups keep the accommodations and washrooms as tidy as possible.

Wenonah reserves the right to charge groups for any damages and loss of equipment or property caused by group members. This includes removing graffiti or cleaning excessive messes.
WENONAH ONLINE
The Wenonah website (www.campwenonah.com) is continually updated with information for both teachers and students. Information Booklets, forms, Teacher Guides, and more are available under the Outdoor Centre section. Students are also encouraged to visit us online as they look forward to their group’s visit to Wenonah. A special “For Students” section is sure to get them excited about the trip, and helps them prepare for their stay at Camp.

Wenonah is active on Facebook, Twitter, Instagram, Tumblr, and YouTube. Visit our website for links so you and your students can interact with Wenonah all year long!

INFORMATION PRESENTATIONS
We are pleased to send along a representative from Camp Wenonah to share the Outdoor Education Centre presentation with your group in November, December or January for Spring groups, and in April for Fall groups. Arrangements can be made by contacting our Burlington office (905) 631-2849.

GENERAL STORE
The Wenonah General Store offers clothing, souvenirs, snacks, refreshments, and other sundry items. Essential items such as toothpaste and brushes are available at the General Store in the event a participant has forgotten to pack such items with them.

Visiting the General Store remains at the discretion of group leadership, Wenonah staff will find an appropriate time to open the store typically after lunch or prior to a group’s departure from Wenonah. Students may bring some extra money with them to Wenonah if they wish to make purchases at the General Store. T-shirts for tie-dyeing are also available at a small cost for groups choosing that program.
PERSONAL PACKING LIST
(For a typical 2 Night/3 Day Visit)

Necessary Clothing Items
- T-shirts (3 pairs)
- Long Pants (2 pairs)
- Shorts (2 pairs)
- Sweaters (2)
- Bathing Suit (1)
- Beach Towel (1)
- Face Cloth/Towel (1)
- Underwear (3 pairs)
- Socks (3 pairs)
- Running Shoes (1 pair)
- Shower Sandals (1 pair)
- Rubber Boots (1 pair)
- Rain Jacket
- Rain Pants
- Warm Jacket
- Sun hat / baseball cap

Additional Items
- Sleeping Bag (we suggest sleeping bags to be rated 32 degrees Fahrenheit / 0 degrees)
- Pillow
- Blanket
- Flash Light (and extra batteries)
- Insect Repellent
- Sunscreen (minimum SPF 15)
- Personal Water Bottles (labelled with student name)
- Toiletries – Comb, Toothbrush, Toothpaste, Deodorant, Kleenex, Sanitary Needs
- Shampoo & Soap (phosphate free – please help up maintain a healthy environment)

Optional Items
- Camera
- Fishing Rod
- Tennis Racquet
- Guitar
- White Shirt for Tie Dye
- Books / Magazines
- Playing Cards
- Writing journal

PLEASE DO NOT BRING THE FOLLOWING TO CAMP
Additional Food - Phones – iPods – Pocket Knives – Hair Dryers – Curling Irons – Electric Razors – Laptops - Tablets

Packing Tips / Notes:
- Label all clothing and personal items
- Adjust the above list (suggested 3 day) for shorter or longer stays
- Be aware of weather forecasts prior to your visit and pack accordingly
- Nut-Free bag lunches are required for morning arrivals at Wenonah
- The Camp Wenonah Centre for Outdoor Education cannot accept the responsibility for any clothing and/or equipment that is lost or broken while at Camp.
DIRECTIONS TO CAMP

Directions from Toronto (and most points north, south and west):

Highway #400 North from Toronto to Barrie
Highway #11 North from Barrie to Bracebridge
Highway #118 East from Bracebridge (approximately 15-20 minutes)
Just past the village of Vankoughnet, head north on Bird Lake Road (formerly Wood Lake Road #4)
At each fork in the road on Bird Lake Road, keep right
Watch for Camp Wenonah signs that lead right into Camp
Upon arrival at Camp, please wait for staff instructions on where to park

Directions from Ottawa (and most points east):

Highway #401 west to Highway #35
North on Highway #35 to Carnarvon (10 minutes north of Minden)
Highway #118 West from Carnarvon (approximately 20-25 minutes)
Head north on Bird Lake Road (formerly Wood Lake Road #4)
At each fork in the road on Bird Lake Road, keep right
Watch for Camp Wenonah signs that lead right into Camp
Upon arrival at Camp, please wait for staff instructions on where to park
Main Office (Year Round)
Camp Wenonah
3584 Commerce Court
Burlington, ON, L7N 3L7

Phone: (905) 631-2849
Fax: (905) 631-2850
E-mail: info@campwenonah.com
Website: www.campwenonah.com