THE CAMP WENONAH CENTRE
FOR OUTDOOR EDUCATION

INFORMATION BOOKLET
WELCOME TO...

THE CAMP WENONAH CENTRE FOR OUTDOOR EDUCATION

The cry of the loon; the silence of the early morning mist; the crackle of the campfire; sensational sunsets; a canoe paddle breaking still water; starry nights. These classic images are created, celebrated and cherished at The Camp Wenonah Centre for Outdoor Education.

For more than 100 years, children have been welcomed to Canadian Summer Camps and Outdoor Education Centres...renowned as many of the finest in the world. At The Camp Wenonah Centre for Outdoor Education, we are proud to have shared in this tradition of excellence for close to 35 years.

Wenonah offers programs that challenge and stimulate participants of every age and experience through a traditional Outdoor Education Centre model. The Wenonah programs all place a value on community, interdependence, personal development and an appreciation and respect for the natural world. Committed and caring leaders take pride in the accomplishments of each participant. Positive, wholesome experiences are at the centre of the Wenonah experience.

Groups attend the Outdoor Education Centre for a wide variety of reasons. Some come to develop an appreciation and respect for the natural world. Some come for the opportunity to develop skills in our many water and land-based program areas. Some choose Wenonah for our unique peer leadership program. Still others attend as a special beginning or end of school year trip that celebrates the contributions of each group member.

Whatever your reason(s) for coming to Wenonah may initially be, we know that your group will leave having experienced much more! With individuals living and working together in a residential setting with a highly skilled staff providing leadership and facilitation, many positive benefits are realized.

Our Outdoor Education Centre operates in May, June, September and October. Wenonah provides a full service/full program approach which includes all programming, leadership, food service and support for each group visiting the Centre.

We look forward to sharing the magic of Wenonah, and to welcoming your group for a visit to The Camp Wenonah Centre for Outdoor Education.

Jeff Bradshaw  
Senior Director

Renata Bradshaw  
Co-Director

YEAR ROUND OFFICE
Camp Wenonah  
3584 Commerce Court  
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ABOUT WENONAH...

HISTORY
The Camp Wenonah Centre for Outdoor Education traces its roots back to 1965 when Camp Oak-a-Lea was born. Built and directed by Graydon and Irene Boyes and their family from nearby Vankoughnet, Oak-a-Lea was first a Summer Camp for boys. Building on its history of providing a wholesome and positive values-driven outdoor experience, Oak-a-Lea continues today as Camp Wenonah. Wenonah operates a co-ed Summer residential Camp as well as a Spring and Fall Outdoor Education Centre.

PHILOSOPHY
Camp Wenonah celebrates a traditional camping approach. The Wenonah program places a value on community, interdependence, personal development, and an appreciation and respect for the natural world.

The Wenonah mission statement:

Providing opportunities that develop a healthy respect and appreciation for one's self, for others and for the natural world.

LOCATION
Wenonah is located just east of Bracebridge in Oakley township in the Muskoka region of Ontario (two hours north of Toronto). Wenonah's main Camp area is comprised of 300 acres of spectacular wilderness in the heart of the rugged Muskoka woods. The area surrounding Wenonah includes two adjacent lakes (Clear Lake and Saw Lake). Beyond the Camp lie thousands of acres of Crown Land which provide tremendous opportunities for hiking and canoe tripping and exploration of the natural world.
SITE & FACILITIES

FACILITIES
Wenonah’s main Camp area is comprised of 300 acres of spectacular wilderness set in the heart of the rugged Muskoka woods. The area surrounding the Camp includes two lakes adjacent to Wenonah (Clear Lake and Saw Lake). Beyond the Camp lie thousands of acres of Crown Land, providing campers and visitors with tremendous opportunities for hiking and canoe tripping experiences.

All facilities at Camp Wenonah meet and exceed the highest standards of the local Health and Fire Departments and, the rigorous standards of the Ontario Camps Association.

ACCOMMODATIONS
Group members are accommodated in three-season, electrically equipped cabins furnished with double deck bunks. Mattresses are provided but participants do need to bring their own sleeping bag and pillows.

Separate accommodations are available at Wenonah for students and teachers /chaperones. We will allocate participant cabins and teacher / chaperone accommodations based on information received on the Group Information Form. Groups are expected to use only those accommodations assigned to them upon their arrival at Wenonah.

STUDENT ACCOMMODATIONS
Students sleep in traditional Camp cabins on either our Boys or Girls cabin lines. Most cabins sleep twelve students, though larger cabins are available (sleeping either 15 or 16 students) upon request. All cabins feature double deck bunks and are electrically equipped.

All cabins are a short walk away from either a central Boys or Girls Washroom and Shower House. These facilities feature flush toilets, private showers with hot water, and multiple sinks.

Please note that while the cabins are used in early Spring and late Fall at Wenonah, we do suggest that group members bring an extra blanket if you are staying with us in May or late September/early October.

TEACHER ACCOMMODATIONS
Teachers and adult chaperones are typically housed in the Health Centre, which is conveniently located at the centre of Camp and is close to both cabin lines. Recently renovated and expanded, the Health Centre offers several bedrooms (with 2 or 3 beds in each), washrooms, and common spaces. A medical dispensary and first aid centre is also housed at the Health Centre.

When multiple groups are on site, bedrooms and common spaces may be assigned based on the specific needs of each group. We also use other satellite accommodations for teachers and chaperones if larger or multiple groups are visiting Wenonah.

ACCOMMODATION ASSIGNMENTS
Using the Group Information Form, you are asked to assign students to cabins prior to their arrival at Camp, and to fill each cabin to capacity (twelve students). Depending on the space available in Camp during your stay at Wenonah, smaller cabin groups can be arranged for. Please confirm these plans with us before filling out the Group Information Form. Specific cabins (by name) are designated to you upon arrival. We may need to be flexible to accommodate last minute changes in both group numbers and the male/female split within each group.
ACCOMMODATION CLEAN UP
On each group’s final morning at Camp, time is set aside to pack and clean individual accommodations. We ask that teachers supervise their students during this time and ensure that each cabin is cleaned appropriately. To allow us to prepare for incoming groups, we ask that both students and teachers move out and clean their accommodations prior to the start of the final morning activity.

The Camp Wenonah Centre for Outdoor Education reserves the right to charge groups an “additional maintenance charge” of $50.00 per building (including cabins and washrooms) for any unnecessary clean up or repairs that are required following the group’s departure from Camp. Reasons for this charge include, but are not necessarily limited to graffiti in cabins, discharged fire extinguishers, damages, or excessive mess.

Other facilities include:

- Spacious Main Lodge with Stone Fireplace
- Outdoor & Indoor Campfire Spaces
- Dining Hall
- Professional Kitchen
- Central Washrooms with Private Showers
- Health Centre
- Driftwood Creative Arts Centre
- Extensive Sandy Beach
- Large and Small Playfields
- Reflections Point
- Tennis Courts
- Tree House
- Leadership Centre
- General Store / Tuck Shop
- Tetherball & Ping Pong
- Low Ropes & Group Initiatives Course
- Docks for Swimming, Canoeing & Sailing
- Kayaking Area
- Climbing Wall
- Vertical Playground
- Wenonah Pines Mini Golf and Country Club
- Archery Range
- Horseshoe Pits
- Beach Volleyball Court
- Stewy’s – I.T. Centre
- Classroom Space
- Access to Maintained Campsites on Saw Lake
- Leadership Village (platform tents)
- Scenic Group Campfire Areas
- Hiking Trails
- Wireless Internet access and cell phone reception available to teachers and chaperones
WENONAH MANAGEMENT

JEFF BRADSHAW (Owner/Senior Director – Wenonah Camps Group)
As a veteran camping professional, Jeff Bradshaw brings over 30 years of camp experience to Wenonah. Jeff's extensive camping background includes many years as a camper, counsellor in training, junior counsellor, counsellor, section director, leadership director, program specialist, area head and Outdoor Centre Program Coordinator. Prior to becoming the Owner/Director of Camp Wenonah, Jeff has held several full-time, year round positions including Director of Camping for the YMCA; the Director of Camp Couchiching (including the Ontario Cystic Fibrosis Camp) and the founding Director of the Couchiching Outdoor Centre. Jeff currently serves the global camping movement as a member of the Steering Committee of the International Camping Congress (ICF) and as the Regional Representative for Canada to the ICF. He has led training and participated in exchanges in Australia, Japan, Russia, Europe, South America and across North America. Jeff is an active leader within the Ontario Camping Association (OCA). He has served on the OCA Board of Directors; coordinated the annual OCA Skills Weekend; served on many OCA Committees and Task Forces; led workshops and seminars, and is a member of the Society of Camp Directors. As Chair of the Wenonah Management Team, Jeff also oversees The Camp Wenonah Centre for Outdoor Education. Jeff was honoured by the Ontario Camps Association with its Dorothy Walter Award of Excellence, and with the International Development Award. Most recently Jeff was honoured with the Ron Johnstone Lifetime Achievement Award (Canada’s Highest Camping Honour). Jeff finished his second two-year term as President of the Canadian Camping Association in 2011.

RENATA BRADSHAW (Co-Director)
Renata is a graduate of Queen's University, where she earned her Bachelor of Arts and Bachelor of Education. Renata brings over 30 years of camp experience to Wenonah and is an active member of the Society of Camp Directors and has sat on the Board of Directors for the Outdoor Council of Canada. Previously a camper and leadership participant at several Ontario camps, Renata began her professional camp career at YMCA Wanakita (Haliburton, ON). There she held numerous positions including Counsellor, Arts & Crafts Director, and Day Camp Director. Renata was also a Program Specialist and Program Coordinator with the Wanakita Outdoor Centre. At Camp Couchiching (Orillia, ON), Renata took on leadership responsibilities as the Director of the CIT (Counsellor in Training) program. Renata has offered leadership as a workshop and program facilitator for the Ontario Camps Association, Ontario Day Camp Summit, and International Camping Congress. Renata is a former teacher with the Halton District School Board, during which time she also served as an Adjunct Professor with the Faculty of Education at York University. Renata is also a former Instructor of Outdoor Recreation at Mohawk College. At Wenonah, Renata provides consultation for programs and enhancements in both Summer Camp and The Centre for Outdoor Education, as well as coordinating our popular Women's Weekend programs.

STAFF
The Camp Wenonah Centre for Outdoor Education staff is comprised of teachers, outdoor educators, university and college graduates and students. Wenonah staff are hired for their ability to provide strong leadership and be positive role models for the students in their care. All staff attend a one week training program at the start of the Outdoor Education Centre season, and also attend specific skill training events on a yearly basis. As well, all staff have current related qualifications in first aid, CPR and swimming standards. Finally, all Outdoor Education Centre staff assume Senior roles during the Summer Camp season which ensures a deep commitment to the Wenonah experience.

Wenonah staff are responsible for all aspects of the program from sunrise until sundown. This includes leadership, instruction, and general supervision. The normal ratio of Outdoor Education Centre staff to group participants is 1:15. Smaller ratios exist on canoe trips and off Camp activities.
There is a Wenonah Outdoor Education Centre Group Coordinator assigned to your group. This person is the key upfront staff person as well as the liaison with the leader of the visiting group. Wenonah Program Specialists will also affiliate themselves with your group, and lead all facets of the program experience during your visit.

The Camp Wenonah Centre for Outdoor Education has high expectations of every staff member, and those are reflected in our hiring policies. Potential staff members, including those previously employed at Wenonah, submit an application each year to join the staff team. Each person has an interview and must successfully complete a police check. In addition to maintaining current lifeguarding and first aid qualifications, staff are expected to have qualifications in a variety of program areas. This allows Wenonah to ensure that staff will provide a diverse outdoor education experience for each student.

**ROLE OF TEACHERS**

All groups have their activities organized and facilitated by our fully qualified and specially trained Outdoor Education Centre staff. This allows teachers and chaperones to enjoy the Outdoor Centre experience along with their students.

We encourage the participation of teachers as additional staff in the program areas, both as an extra set of eyes and to deal with any behavioural issues that may occur during a Core Program. We ask that teachers stay with one specific group during the visit or specialize as assistants in individual program areas. We do request that one adult supervisor assist with each group participating in a waterfront program (canoeing, kayaking, plus extended canoe trips/overnights).

While the days at Camp are quite full, there are some times that the students are not under our direct supervision. Teachers are directly responsible for students at all times. This includes, but is not limited to, activity time, between programs (rotation time), during any other free time through the day (prior to and after meals), and after evening program ends.

**NIGHT TIME SUPERVISION**

Please also note that night time supervision (from the end of program to morning wake-up) is the sole responsibility of the teachers from that particular group. Most groups choose to assign teachers to rotational supervision duties at night until students are quiet in their cabins.

The Camp Wenonah Centre for Outdoor Education staff do reside on site in the event of an emergency.
FOOD SERVICE
At Wenonah, healthy appetites are of great importance. Our professional food service team supplies Wenonah with hearty and nutritional meals each day that are served “family style” in our Main Lodge.

Every effort is made to prepare alternative choices for those that require a vegetarian menu or may have food allergies.

NUT POLICY
The Camp Wenonah Centre For Outdoor Education is a "nut sensitive" zone. Each year we welcome many students, summer campers, and staff members with life-threatening nut allergies. In no way do we compromise their personal safety during their stay at Camp. Our menus are created with this in mind. No nut, or nut products are served at Camp at any time.

Nuts, nut products, or any products that may contain nuts, are NOT permitted at Wenonah. This includes any item from bulk food that does not come pre-sealed and clearly labeled with ingredients. It is important to encourage students and families to read labels carefully for ingredients. We ask for your cooperation with our policy by not bringing any nuts or any products containing nuts with you to Wenonah.

Products that contain nuts or cannot be verified to be “nut safe” will be disposed of immediately by a Wenonah staff member. Due to the number of people visiting our site each year, this is the safest way to ensure the safety of all of our visitors.

BAG LUNCH
Students and teachers are asked to bring a pre-packed bag lunch with them to enjoy upon arrival at Camp on their first day. As it is difficult to estimate a group’s exact arrival time at Camp, lunch is not provided on the first day of a group’s visit. Please remind students about our NUT POLICY when they bring their bag lunches to Camp.

ALTERNATIVE MENUS
The Executive Chef and his staff provide a vegetarian menu option for students, teachers, and staff. If any students or teachers with your group are vegetarian, indicate this choice on the Group Information Form.

The vegetarian menu is the only alternative with a set menu. If a student has a food allergy, indicate this as well on the Group Information Form in detail so we can accommodate these food allergies. If any food allergies are life-threatening and may require extensive modifications, please notify Jeff Bradshaw directly to make arrangements. Some restrictions may require supplementary food be sent by parents for the Executive Chef to prepare.

We require advance notice of specific dietary requirements, and can only accommodate dietary needs based on medical needs and allergies, religious beliefs, and well-established/long standing lifestyle choices.

BIRTHDAYS
We are happy to provide a cake if a student is celebrating a birthday while at Camp. Please make a note of this on the Group Information Form so that our Executive Chef has plenty of time to prepare this special treat.
BRAD LAIDLAW (Executive Chef)

Brad boasts a remarkable resume, and we are proud that he serves us great meals throughout the season at Camp. Brad has an extensive background in fine dining, and brings over 15 years of experience in the food service industry to Wenonah.

Brad began his career as an apprentice at prestigious Glen Abbey Golf Club (Oakville, ON). At Glen Abbey, he rose to the position of Sous Chef. From there, Brad worked in the kitchen at Chateau Lake Louise (Alberta), Windermere House (Muskoka, ON), and Blue Mountain Ski Club (Collingwood, ON). In 2000, Brad was awarded Ski Canada's award for the country's best fine dining. Brad first worked at Camp Wenonah during the 2006 Summer Camp season. During the winter, Brad is the Executive Chef at Georgian Peaks Ski Club (Thornbury, ON).

Mealtimes at Wenonah:
Breakfast  8:30 a.m.
Lunch     12:30 p.m.
Dinner    5:30 p.m.
Snack     Following Evening Program

Menus are set on a two-week rotational basis during the Outdoor Education Centre season. Some typical meals at Wenonah include the following:

<table>
<thead>
<tr>
<th>BREAKFAST</th>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>hot and cold cereal</td>
<td>soup</td>
<td>chicken</td>
</tr>
<tr>
<td>fruit</td>
<td>salads (tossed, macaroni,</td>
<td>vegetables</td>
</tr>
<tr>
<td></td>
<td>potato, bean, Caesar)</td>
<td>potato</td>
</tr>
<tr>
<td>toast/jam</td>
<td>submarine sandwiches</td>
<td>lasagna</td>
</tr>
<tr>
<td>pancakes</td>
<td>fruit</td>
<td>pasta</td>
</tr>
<tr>
<td>waffles</td>
<td>hamburgers</td>
<td>spaghetti</td>
</tr>
<tr>
<td>sausage</td>
<td>cook-out lunch (hot dogs etc.)</td>
<td>chicken burgers</td>
</tr>
<tr>
<td>bacon</td>
<td>pizza</td>
<td>BBQ</td>
</tr>
<tr>
<td>scrambled eggs</td>
<td>mac and cheese</td>
<td>Chicken Kiev</td>
</tr>
<tr>
<td>BLTs</td>
<td>tuna melts</td>
<td>fish and chips</td>
</tr>
<tr>
<td>egg mcmuffins</td>
<td>grilled cheese</td>
<td>meat/chicken pies</td>
</tr>
<tr>
<td>bagels</td>
<td></td>
<td></td>
</tr>
<tr>
<td>French toast</td>
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</tbody>
</table>

HEALTH SERVICES

Our fully equipped Health Centre is available for all basic first aid needs. A local doctor and the South Muskoka Memorial Hospital (a 20 minute drive from Camp) are on 24 hour notice in the event of injury of a more serious nature. For those groups that may wish to alert the Hospital about any participant(s) with particular medical needs, please do so by contacting the Hospital directly:

South Muskoka Memorial Hospital
75 Ann Street
Bracebridge P1L 2E4
(705) 645-4404

We do encourage each group visiting Wenonah to have one vehicle on site at their disposal in the event of a trip to the Hospital. A map is provided to each group upon arrival. While Wenonah program staff are fully trained in first aid procedures, it is recommended that any suspect injuries be examined by the local emergency department or walk-in clinic.

For those individuals who require medication, it may be brought to Wenonah and stored safely at the Health Centre. Please note that it is not the responsibility of the Wenonah staff to dispense medication.
INSECTS
As Wenonah is located in a natural setting, it is not uncommon for insects to come out during the Spring and Fall. Black flies and mosquitoes do appear at various times during the Spring.

Please help prepare your group by encouraging members to wear light coloured clothing, and refrain from using perfume or scented products. We encourage that students bring insect repellent with them, and use it on a regular basis. Those who are especially sensitive to bug bites may also wish to bring bug jackets or hats with them to Camp.

SUN SAFETY
We are aware of the dangers of over-exposure to the sun and strive to take reasonable precautions to prevent adverse effects of the sun and UV rays. Help us in this endeavour by encouraging students to pack a hat with a brim, sunglasses, and sunscreen (minimum SPF 15, but SPF 30 or higher is preferable).

It is also a good idea for students to bring a water bottle with their name on it. Water taps with safe drinking water can be found around Camp, and in the Lodge. Students should also be encouraged to wear light clothing that covers shoulders and arms when not participating in water activities.

PROGRAM
The Camp Wenonah Centre for Outdoor Education provides the distinctive opportunity for each group to tailor their visit specifically to meet the needs of their group members.

A TYPICAL DAY AT WENONAH

7:30 am – Wake Up

7:45 am - Morning Activities

8:30 am - Breakfast

9:15 am - Morning Watch

10:00 am – Core Program #1

11:15 am – Core Program #2

12:30 pm – Lunch

2:00 pm – Core Program #3

3:15 pm – Core Program #4

4:30 pm – Daily Options

6:00 pm - Dinner

7:15 pm – Full Group Program

8:45 pm - Evening Snack

9:00 pm - Evening Program

10:00 pm – 10:30 pm – Lights Out (dependent on group)

The program offered at Wenonah encourages group members to enhance cooperative group living skills, foster a sense of independence, develop leadership skills, acquire compromise and decision making abilities, and realize personal goals. The result of a visit to Wenonah is both a memorable and a lasting experience for the individual and the group.
CORE PROGRAMS
The individual program elements (Core Programs) that a group chooses are designed to enhance group cooperation and self-esteem. The Wenonah challenge by choice philosophy and specially trained program facilitators lead students in activities that serve as stepping stones to improving communication, problem solving skills, community development and trust.

The Wenonah experience is tailored to fit the needs and expectations of groups and group members. Core programs are offered during mornings and afternoons in 1-2 hour blocks. Most groups will select 6 Core Programs (for 3 day and weekend visits) or 8 Core Programs (for 4 or 5 days visits).

Core Program choices include:

ARCHERY
An opportunity to learn the basics on the Wenonah range and then take part in tournaments, games and/or archery challenges. The Wenonah program follows the levels and standards of the Ontario Archery Association.

ARTS AND CRAFTS
Wenonah’s idea filled Arts and Crafts building and staff allow the students to try their hands at traditional camp crafts such as paper making, dream catchers, hemp bracelets, and tie dye.

CANOEING – TANDEM INSTRUCTION (BEGINNER/INTERMEDIATE)
Wenonah’s canoeing program subscribes to the principles of the provincially and nationally recognized Ontario Recreational Canoeing and Kayaking Association (ORCKA). Groups can choose from either Beginner or Intermediate instruction.

CANOEING - SOLO PADDLING INSTRUCTION
An opportunity for the more experienced paddlers in the group to build on their skills by learning to paddle solo.

CANOEING - VOYAGEUR CANOE
What a terrific combination: a canoe hike around Clear Lake in a 25 foot voyageur canoe coupled with a Canadian history lesson detailing the voyageur experience.

CLIMBING
A 35 foot high climbing wall is at the centre of the Wenonah climbing program. Participants first learn about the safe use of the equipment and how to properly belay. Once the essentials are thoroughly covered, each participant is then encouraged to work towards their own goals on the wall with the encouragement and support of the group.
CWLT (Camp Wenonah Little Theatre)
A visit to The Camp Wenonah Little Theatre provides the opportunity for participants to become creatively energized with theatre sports and drama training.

DIGITAL PHOTOGRAPHY
Wenonah has recently partnered with The Roberta Bondar Foundation and is pleased to offer a digital photography program focussed on a greater appreciation of the natural world around us. Cameras are supplied for this program.

ENVIRONMENTAL ENGAGEMENT
Through encouraging sensory awareness, this interactive hike through the Wenonah woodlands allows participants to interact with their natural environment. Participants are encouraged to develop an appreciation for the natural wonders around them as they participate in a variety of games and activities while travelling along a forest trail.

FITNESS TRAIL
Participants develop an appreciation for the outdoors as they jog along Wenonah’s established outdoor fitness trail and stop at a number of stations where they will be lead in a variety of beginner to intermediate fitness exercises and group activities including Gaga Ball (pictured).

GEOCACHING
Explore the Camp Wenonah site while learning to use GPS devices! Students first receive an orientation outlining how to use Wenonah’s GPS devices before setting out on a challenge to discover geocaches that are hidden around Camp.

INITIATIVES – GROUP DEVELOPMENT & TEAM BUILDING
This program features a variety of interactive group challenges requiring participants to combine their physical and mental efforts to arrive at a solution to a given task. Interdependence is at the heart of these engaging activities which focus on group processing and development. Participants will find themselves challenged in a fun and supportive environment. Popular activities include the Inuit blanket (pictured left) and land skis.
INITIATIVES - LOW ROPES COURSE
A low level series of challenge elements make up the Low Ropes initiatives program at Wenonah. Participants are encouraged to work together towards the completion of each challenge as a group. A thorough debrief of each element completes the program. This is a very popular choice for those wishing to emphasize problem solving and co-operative group skills.

Groups will participate in a selection of elements from the list below:

- **Tension Traverse**
  In pairs, participants grasp each other’s shoulders/arms for balance as they progress as far as they can along two diverging low ropes sections.

- **Kings Fingers**
  Participants are given the challenge of lifting a tire up and around a tall upright wooden post and back down to the ground without the post and the tire touching each other!

- **Zig-Zag**
  Participants must work together until each member of the group makes their way across four raised, movable wooden beam sections.

- **Samson’s Tires**
  One or two at a time, participants attempt to go from start to finish on a swinging tire obstacle course.

- **Mohawk Walk**
  Working together, participants attempt to make their way across five different low ropes sections, passing ropes used for balance back and forth to one another until each member of the group has completed the obstacle from start to finish.

- **T.P Shuffle**
  Working as a team, participants attempt to balance on a large wooden beam placed on a fulcrum for over three seconds.

- **Conundrum Crossing**
  In groups of four, participants make their way down four separate low ropes sections which all converge at one middle point. Participants must work together to successfully manoeuvre around one another and reach their designated end point.

- **Porthole**
  Working together participants must pass each member of the group through a raised tire (porthole) safely to the other side without touching the inside of the tire itself.

- **Trust Falls**
  One at a time, participants allow themselves to fall from a raised platform and be caught by their classmates carefully spotting below.
KAYAKING - FLATWATER
Wenonah offers a flatwater kayaking program that stresses skill development in a safe environment. Participants are also invited to enjoy a series of popular kayak games and challenges, and a kayak hike around Clear Lake.

MINI GOLF AT THE WENONAH PINES MINI GOLF AND COUNTRY CLUB
One of Wenonah’s newest program areas is a huge hit! Enjoy a recreational round OR take part in a challenge match including team scores, alternate shot, match play and our Wenonah Ryder Cup program!

SAW LAKE ECOSYSTEMS EXPLORATION
Saw Lake provides a perfect venue for students to discover wetland ecosystems. Students are encouraged to identify numerous organisms in the secluded natural environment of the lake.

TENNIS (INSTRUCTIONAL/RECREATIONAL)
Wenonah’s new state of the art tennis courts provide the opportunity for instruction, skill advancement, games and tournament play. Groups can choose either Instructional Tennis or Recreational Tennis.

VERTICAL PLAYGROUND
Participants work together as they ascend a maze of ropes, tires and ladders...30 feet above the ground! A full review of safety and support principles begins each period. Participants also learn about equipment (harness) and how to belay.
ADDITIONAL PROGRAM ELEMENTS
A number of other program pieces compliment each visit to Wenonah:

EVENING PROGRAMS
Groups are invited to select two Evening Programs for each night they are spending at Camp if there are specific activities they wish to include in their schedule. The Camp Wenonah Centre for Outdoor Education will select Evening Programs if a group does not have any program preferences.

- **Astronomy**
  Discover the cosmos! Beginning with an introductory astronomy lesson, participants learn about the planets and stars that are part of our solar system. Using Wenonah’s specialized astronomy equipment, students then move outside and explore the night sky for themselves. *(weather permitting)*

- **Campfires**
  A traditional campfire program led and hosted by Wenonah staff. A mix of interactive songs, stories, skits and surprises! Contributions from students, teachers and chaperones are encouraged and welcomed!

- **Capture the Flag**
  A camp classic! This large group game sees students divided into two groups, where they are challenged to find the “flag” hidden by the opposing team.

- **Cardio Pictionary**
  A fun and active team-based game, featuring a twist on a childhood favourite!

- **Late Evening Options**
  A variety of activities led by Wenonah staff. Students are able to select which activity they wish to participate in. Activities could include: astronomy, evening night hike, indoor games, and numerous other activities.

- **Night Walks**
  Explore the natural environment under the night sky while participating in a variety of sensory activities designed to foster an appreciation for the sights and sounds of the outdoors at night.

- **Pioneer Craft Potpourri**
  This program presents a unique opportunity for students to participate in a variety of traditional games and crafts that children enjoyed over 100 years ago. Includes candle making, apple chomp, stick games, and more!

- **Stones**
  Perfect for large groups, this active outdoor game is guaranteed to energize all students through teamwork and co-operation.
- Variety Night (Camp Wenonah Little Theatre)
  Offering a great opportunity for students to let their creative juices flow! Features group skits, songs, stories, and stunts.

- Wenonah Stock Exchange
  This program offers a fun twist on the stock market. Working in teams, students try their luck buying and selling Wenonah stocks. Students learn the keys to “buying low and selling high”.

OTHER PROGRAM OPTIONS
Groups may choose additional program options to offer participants during their stay at Wenonah.

- Canoe Trip: Overnight
  Many groups take advantage of providing participants with the opportunity to enjoy a tent camping experience. Participants will spend part of a day involved in “trip preparation” and then either hike or paddle out for a tent-based overnight at an established campsite on Saw Lake.

- Canoe Trip: Out-Day
  Paddle or hike to an established campsite on Saw Lake, enjoy lunch cooked over a fire, and learn the basic skills of outdoor camping. (A condensed 6-hour version of the overnight program)

- Mega Options
  A wide range of program activities that students may choose from. Mega Options often feature favourite program areas and activities, and are chosen to reflect the interests of the group.

- Monster Relay
  A large relay-style event incorporating most activities that the participants enjoyed during their visit. A great final activity. Emphasis is placed on group participation.

- Survival Game
  A large group game where participants take on roles simulating the challenges faced by herbivores, omnivores, and carnivores as they strive to survive in nature.

- Wenonah Games (available to those groups staying three nights or longer)
  An Olympic-style full group challenge, Wenonah Games sees all participants placed on one of three teams (Aki, Dawaa or Zibbins). Team members participate in a wide range of events based on skills learned during the group’s visit. Teamwork, cooperation, and sportsmanship are valued components of the Wenonah Games program.
Listed below is only a small sampling of exciting Wenonah Games events:

- Ultimate Frisbee
- Robin Hood Archery Challenge
- Doubles Tennis Tournament
- The Perfect S'more!
- Trivial Pursuit
- World Cup Soccer
- Cardio Pictionary
- Kayak Relays
- Canoe Relays
- Survivor: Fort Building
- 3 Way Capture the Flag
- Wenonah Ryder Cup Mini Golf

ARRIVAL/DEPARTURE

ARRIVAL:
Groups are asked to schedule their *weekday* arrival time at Wenonah between 11:00 am and 12:00 pm. Please confirm your exact arrival times with us on your Group Information Form (sent two months in advance of each season).

Following an introduction to the Wenonah staff, participants are moved into their cabins and are given a complete tour of the site and facilities. Following the tour, we conduct a "Community Meeting" with the full group. This is an opportunity to communicate daily procedures and to give an overview of the visit. Note that on arrival day group members are asked to bring nut-free bag lunches and the first meal served at Wenonah will be dinner.

Groups coming to Wenonah for a *weekend* are asked to arrive at Camp after 6:00 pm on Friday night. The evening arrival schedule will be determined on a group-by-group basis.

DEPARTURE:
Following cabin clean-up and a 12:30 pm lunch, groups will normally leave by 1:30 pm. Please confirm your expected departure time on the Group Information Form.

On your final day at Wenonah, please arrange to have the bus arrive at least 45 minutes in advance of your scheduled departure time. If you are leaving by car, please have cars packed and ready to go in advance of the departure time.

ARRIVAL/DEPARTURE NOTE: If you plan on arriving earlier or departing later than the times listed above, please confirm that in writing with us. Earlier arrivals and later departures may be subject to an additional charge.

POLICIES AND PROCEDURES

Please note that The Camp Wenonah Centre for Outdoor Education is a smoke free environment and we request that all individuals refrain from smoking on site.

Alcohol and non-prescription drugs are also not permitted on our site either. These policies are strictly enforced.

In response to feedback from both teachers and students, we developed a Student Code of Conduct outlining our expectations for student behaviour while at The Camp Wenonah Centre For Outdoor Education.

Discipline is typically left to the discretion of teachers and / or chaperones. However, we ask that you review this policy independently, and share the expectations with your students and their families. Please also assist us by enforcing these expectations while at Wenonah.

In extreme cases, the Wenonah Administration reserves the right to enforce specific consequences, and to request that a student be removed from the site.

Any violation of the laws of the Province of Ontario results in automatic dismissal for the student from The Camp Wenonah Centre For Outdoor Education.

The Wenonah Administration reserves the right to withdraw any student without warning who, in their opinion, compromises the physical or emotional safety of any person at Camp, or who is an immediate hazard to the safety of themselves or others.
REFUNDS ARE NOT GIVEN FOR STUDENTS WHO ARE SENT HOME DUE TO VIOLATION OF BEHAVIOUR POLICIES OR THE CODE OF CONDUCT.

# STUDENT CODE OF CONDUCT

<table>
<thead>
<tr>
<th>Problem Area</th>
<th>Description</th>
<th>Potential Consequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>Consumption or possession of alcohol on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Bullying</td>
<td>Physical assault or aggression, threat of physical aggression, ongoing and deliberate exclusion, emotional abuse and/or harassment</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Defiance</td>
<td>Refusal to comply with persons in authority</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Disorderly Conduct</td>
<td>Persistent opposition to authority, behaviour contrary to the positive moral tone and stance of the Camp</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Drugs - legal</td>
<td>Use of non-prescription or prescription drugs not administered or approved by a person in authority (Teacher, Chaperone, Camp Staff Member)</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Drugs - illegal</td>
<td>Use or possession of illegal drugs on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Harassment</td>
<td>Repeated comments or conduct that is known or ought to be known as unwelcome (including racial discrimination and slurs)</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Marijuana</td>
<td>Use or possession of marijuana on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Profanity</td>
<td>Swearing, or the use of obscene or foul language</td>
<td>X X X X</td>
</tr>
<tr>
<td>Sexual Activity</td>
<td>Engaging in sexual activity which compromises the physical or emotional safety of the self or others</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Smoking</td>
<td>Use of any tobacco products (not limited to cigarettes) on Camp property or while in Camp program</td>
<td>X X</td>
</tr>
<tr>
<td>Theft</td>
<td>Taking or possessing property without the permission of the owner</td>
<td>X X X</td>
</tr>
<tr>
<td>Vandalism</td>
<td>Acts of vandalism include graffiti and the willful destruction of property</td>
<td>X X X X X</td>
</tr>
<tr>
<td>Weapons</td>
<td>Possession, use of, or threat of use of a weapon (including but not limited to a firearm or knife)</td>
<td>X X</td>
</tr>
</tbody>
</table>
ENVIRONMENTAL NOTES
At Wenonah, we are constantly striving to conserve and preserve our natural environment for future generations. If you are in the situation where you are bringing any food items to Camp (i.e., bag lunches), we ask that you be conscious of the amount of garbage you also bring with you. Wenonah provides recycling for any glass, metal, or paper products. We appreciate your shared concern for this issue.

We also dispose of our waste water via a septic lagoon. This means that we have to be careful about what we put into our water system, and we must attempt to minimize our use of soaps and detergents containing phosphates. When possible please bring phosphate free soaps for personal use.

COMMUNICATION TO AND FROM CAMP
There are phone lines available for teacher use in the Health Centre and Main Office. We ask that outgoing phone calls be restricted to business or emergency purposes. In the case where teachers or chaperones wish to make personal phone calls on the Camp phone lines, we respectfully ask that a phone card be used for this purpose. Any charges from personal calls will be passed on to the group.

Cell phone reception is also available around Camp. Teachers and chaperones may wish to bring their own cell phones. While we do not encourage cell phone use by students, so that their focus remains on the Outdoor Centre experience, students are expected to follow the guidelines about cell phone use set out by their teachers.

STUDENT PHONE ACCESS
Please note that students should NOT expect to be able to make phone calls home while at Wenonah. As there are a limited number of phone lines available at Camp (some of which must be left open in case of emergency), we cannot allow students to make phone calls home.

OFFICE HOURS
Office hours at the Camp site in Muskoka are Monday to Friday, 9:30 am -12:30 pm and 2:30 pm - 5:30 pm during the Spring and Fall. If calls are received outside office hours, we ask that callers leave a detailed message. We will return the phone call or pass along messages as soon as possible.

Our Main Camp Office in Burlington is open for regular hours throughout the year, Monday - Friday, 9:30 am - 4:30 pm. Associate Director Caron Brick is available to help you.
GENERAL STORE
The Wenonah General Store offers clothing, souvenirs, snacks, refreshments, and other sundry items. Students may bring some extra money with them to Wenonah if they wish to make purchases at the General Store. T-shirts for tie-dyeing are also available at a small cost for groups choosing that program. For schools interested in visiting the General Store, Wenonah staff will typically open the store each afternoon after lunch, and prior to a group’s departure from Wenonah.

FEES & BOOKING INFORMATION
FEES
Fees are based on a 24 hour period. The fee is all-inclusive and includes 3 meals plus evening snack; full leadership in all programs; all equipment and accommodation.

Please use the following to determine the cost for your group (plus add 13% HST):

- 1 Night/2 days $75.00 plus HST
- 2 Nights/3 days $145.00 plus HST
- 3 nights/4 days $210.00 plus HST
- 4 nights/5 days $275.00 plus HST

Note that teachers and chaperones (to a maximum of a 1:10 supervisor to student ratio) are complimentary.

Please call our Burlington Office for fees/information regarding weekend bookings.

BOOKING & BILLING POLICIES
1. A signed copy of the contract, and deposit of 10% of your group’s expected fees, must be received at the Burlington Office to secure your booking.
2. The number of students (as indicated in the Group Attendance and Payment Summary sections on the Booking Contract) represents the “guaranteed number” of students you expect will attend your trip to Wenonah. A drop of 10% from this number is permitted without penalty. If numbers drop within 10% of this number, or increase by any number where space permits, we will adjust your invoice accordingly. Any drop in numbers over 10% will be billed at a charge of 100% per person over the 10% “guaranteed number” threshold.
3. The balance of your fees is due at the Burlington Office no later than 30 days in advance of your visit to Wenonah.
4. After the balance of payment is received, you may adjust your “guaranteed number” by no more than 10% up to 48 hours in advance of your arrival at Wenonah and receive a refund (payable to the group). Any adjustments to the “guaranteed number” of up to 10% made less than 48 hours prior to the group’s arrival will be credited to the group for a future trip to Wenonah. Any drop in numbers over 10% of the guaranteed number will not receive a refund or credit, and will be billed to the group at a charge of 100% per person over the 10% “guaranteed number” threshold.
5. Where additional participants are added to the “guaranteed number” after the balance of payment is received, payment for those participants is expected at the Burlington Office as soon as possible.
6. The group will receive a Statement of Account following their visit reflecting all payments received, and any additional charges. A late fee of 10% of the unpaid balance will be applied if payment is not received within 30 days of the last day at Camp. An additional fee of 2% will be applied for each subsequent 30 day period.
STUDENT COUNSELLORS
Groups that wish to bring Student Counsellors to supervise participants or provide program leadership may do so after consultation with the Senior Director. Fees will be set for Student Counsellors by The Camp Wenonah Centre For Outdoor Education on a group-by-group basis depending on the involvement of the Student Counsellors in the program.

ADDITIONAL CHAPERONES
Complimentary space for teachers and chaperones is offered by Wenonah at a ratio of one teacher/chaperone for every 10 participants attending. Additional teachers or chaperones may attend as space permits, and the group will be billed $25.00 plus tax per person per night for each additional teacher or chaperone beyond the 1:10 ratio.

CANCELLATION POLICY
1. The 10% deposit sent to The Camp Wenonah Centre For Outdoor Education is non-refundable.
2. If a group cancels within 90 days of the first day of their visit, they will be billed at 25% of the cost as determined by the number of students listed in the Payment Summary. Within 60 days, the group will be billed at 50% of the cost. Cancellations made within 30 days will be billed at 100% of the cost.

GROUP USE OF THE WENONAH SITE
The Camp Wenonah Centre For Outdoor Education often welcomes more than one group at a time to its site. Exclusive use of the site is only guaranteed for groups exceeding 175 paid participants.

In cases where there is more than one group on site, each individual group will participate in a unique program designed in consultation with the group leaders. Therefore, unless requested, various groups will not participate in instructional programming together. We may however, offer the same recreational Pre-Breakfast Activities or Daily Options activities (typically before dinner) to all groups together, so that participants can choose from the widest selection of activities possible.

Groups have access to designated Wenonah activity areas and other facilities depending on participant ability, weather, or other groups sharing the site.

Our goal is to provide all groups with a well-maintained, well-kept, and clean facility. While the Wenonah staff complete regular, daily cleaning of the dining hall and washrooms, we ask that group leaders remind their participants that they share the responsibility for the cleanliness of our facility. We do appreciate when groups keep the accommodations and washrooms as tidy as possible.

Wenonah reserves the right to charge groups for any damages and loss of equipment or property caused by group members. This includes removing graffiti or cleaning excessive messes.

BOOKING & PAYMENT PROCEDURES
All group visits are booked through the year round Wenonah office in Burlington (905 631-2849).

Groups that have attended Wenonah the previous year are offered PRIORITY CHOICE of preferred dates for the next season. All initial offers of dates are made through email. A contract is then sent from the Wenonah office to the main contact for the group.
Group visits are confirmed ONLY after the signed contract and a deposit (10% of the expected final total fee) are returned to our Burlington Office. Deposits are non-refundable. Payment for the remaining balance of fees is due at the Burlington Office no later than 30 days in advance of your visit to Wenonah.

GROUP SLIDE SHOWS/INFORMATION PRESENTATIONS
We are pleased to send along a representative from Camp Wenonah to share the Outdoor Education Centre slide show with your group in November and December and January (for Spring groups) and April (for Fall groups). Arrangements can be made by contacting our Burlington office (905) 631-2849.

WENONAH ONLINE
The Wenonah website (www.campwenonah.com) is continually updated with information for both teachers and students. Information Booklets, forms, Teacher Guides, and more are available under the Outdoor Centre section.

Students are also encouraged to visit us online as they look forward to their group’s visit to Wenonah. A special “For Students” section is sure to get them excited about the trip, and helps them prepare for their stay at Camp.

Wenonah is active on Facebook, Twitter, Tumblr, and YouTube. Visit our website for links so you and your students can interact with Wenonah all year long!
PACKING LIST

TYPICAL THREE DAY VISIT

CLOTHING:
- 3 t-shirts
- 2 pairs of shorts
- 1 pair of pyjamas
- 2 long-sleeved shirts
- 2 pairs of long pants
- 1 bathing suit
- 1 beach towel
- 1 towel / facecloth
- 3 pairs of underwear
- 3 pairs of socks
- 2 pairs of running shoes
- 1 pair of water shoes (for showers)
- 1 pair of rubber boots
- 1 rain jacket
- 1 warm jacket
- 1 sunhat / baseball cap
- 3 pairs of socks
- 2 pairs of running shoes
- 1 pair of water shoes (for showers)
- 1 pair of rubber boots
- 1 rain jacket
- 1 warm jacket
- 1 sunhat / baseball cap

EQUIPMENT:
- Sleeping bag (we suggest sleeping bags be rated for 32 degrees Fahrenheit / 0 degrees)
- Pillow
- Blanket
- Flashlight (and extra batteries)
- Insect repellent
- Sunscreen (minimum SPF 15)
- Personal water bottle (labelled with student’s name)
- Toiletries (comb, toothbrush, toothpaste, deodorant, Kleenex, sanitary needs)
- Shampoo & soap (phosphate-free – please help us maintain a healthy environment)

OPTIONAL:
- Camera
- Fishing rod
- Tennis racquet
- White shirt for tie-dying (also available for purchase at Camp)
- Books / comics
- Deck of cards / board games

PLEASE DO NOT BRING THE FOLLOWING ITEMS TO WENONAH:
- Portable radios
- MP3 Players / iPods
- Electronic Games
- Cell Phones
- Pocket Knives
- Hair Dryers / Curling Irons
- Electric Razor

NOTES:
- Label all clothing and personal items.
- The above list is a suggested guideline for a typical three day visit. You may adjust it for shorter / longer stays, based on the weather forecast, or for specific program requirements.
- The Camp Wenonah Centre For Outdoor Education cannot accept responsibility for any clothing and/or equipment that is lost or broken while at Camp.
- Nut-free bag lunches are required for morning arrivals at Wenonah.
DIRECTIONS TO WENONAH

Directions from Toronto (and most points north, south and west):
- Highway #400 North from Toronto to Barrie
- Highway #11 North from Barrie to Bracebridge
- Highway #118 East from Bracebridge (approximately 15-20 minutes)
- Just past the village of Vankoughnet, head north on Bird Lake Road (formerly Wood Lake Road #4)
- At each fork in the road on Bird Lake Road, keep right
- Watch for Camp Wenonah signs that lead right into Camp
- Upon arrival at Camp, please wait for staff instructions on where to park

Directions from Ottawa (and most points east):
- Highway #401 west to Highway #35
- North on Highway #35 to Carnarvon (10 minutes north of Minden)
- Highway #118 West from Carnarvon (approximately 20-25 minutes)
- Head north on Bird Lake Road (formerly Wood Lake Road #4)
- At each fork in the road on Bird Lake Road, keep right
- Watch for Camp Wenonah signs that lead right into Camp
- Upon arrival at Camp, please wait for staff instructions on where to park